

AVAILABLE FOR INTERVIEWS

Contact: Erin MacDonald-Birnbaum
856-489-8654 x302
erin@smithpublicity.com

Want to Change Your Attitude, Goals and Behavior? **SIMPLE TOOLS TO ACHIEVE A REVOLUTIONARY SHIFT IN YOUR** **LEVELS OF SERENITY, SENSE OF INCLUSION AND HAPPINESS**

So often we focus on the mundane or day-to-day tasks. We obsess over our worries and of the possessions we believe will make us happy. We dwell on resentments and on the people and things that frustrate or anger us. We are often consumed by pettiness and completely miss what a magnificent day lies ahead of us. We view ourselves as the center of the universe - referred to as perception disorder - and unfortunately, this is normal human nature for many of us. We all need guidance to develop the tools to appreciate our gifts, and ultimately lead a Higher Life by finding our Higher Perspective, Higher Power and Higher Purpose.

Enter: Charles G. Hanna, highly successful CEO, philanthropist, recovering addict and author of the forthcoming book, *Higher: Awaken to a More Fulfilling Life* (Figure 1 Publishing, Spring 2016).

As a young man, Charles emigrated from Egypt to Canada where he got an education and followed his dreams. From one perspective, his life was perfect—his family grew, his businesses flourished—and yet his doubt and drug addiction quietly destroyed him. It wasn't until Charles finally hit rock bottom that he discovered the tools to achieve true personal freedom and happiness; what he calls a 'Higher Life.' Through his firsthand experience and his understanding of human nature, neuroscience, and life management, Charles, for the first time, is revealing his practical and achievable techniques, tips and tools so that everyone can apply the Higher way to their daily routines and their dreams.

In an eye-opening, insightful interview, Charles can discuss:

- Perception Disorder: What it is and signs you may be suffering from it
- How addiction - no matter what kind - and extreme perception disorder relate
- Reaching a Higher State: What this means, and his top techniques that anyone can apply to get there
- Why he believes happiness is a way of thinking and not the result of great achievements
- His personal journey through addiction, recovery and finding his Higher Life
- And much more!

Charles G. Hanna is the Chairman, CEO, and founder of a third-party technology provider that he began in a basement in 1979 and built into a leading service consolidation company with offices across Canada. A devoted father of three

children, Hanna is involved with a range of charities, including organizations that help with cancer treatment, Canadian artists, and displaced and handicapped people. He has a particular soft spot for children and animals, and contributes his personal time in various ways to youth shelter homes and animal shelter groups. He divides his time between Toronto and Los Angeles.

Connect with Charles on www.charleshannahigher.com and SOCIAL MEDIA LINKS FORTHCOMING

***Higher: Awaken to a More Fulfilling Life* will be released March 2016 in Canada and May 2016 in the United States, and can be pre-ordered from Amazon Canada, Amazon USA and most major booksellers.**

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