

FOR IMMEDIATE RELEASE

Contact: Erin MacDonald-Birnbaum
856-489-8654 x302
erin@smithpublicity.com

Higher:
Awaken to a More Fulfilling Life
By Charles G. Hanna

**Finding a Higher Perspective, a Higher Power and a Higher Purpose:
A CANDID, PRACTICAL AND INSPIRING GUIDE TO CREATING A RICHER
AND MORE MEANINGFUL LIFE**

A connection to and an understanding of a Higher Power has been the goal of humankind from the beginning of time. Ever since humans developed the ability to think cognitively and abstractly, they have searched tirelessly for their origin, purpose and the one supreme creator at the source of it all.

The world's great philosophers and spiritual leaders teach us that happiness depends on how we look at life. In *Higher: Awaken to a More Fulfilling Life (Figure 1 Publishing, Spring 2016)*, Charles G. Hanna explores why and how we can create the best possible outlook. By finding our Higher Perspective, Higher Power, and Higher Purpose, he demonstrates how we can challenge our demons and become our best selves. His experience of physical, emotional, and spiritual recovery, along with his applications, will resonate powerfully with all readers.

Using examples gleaned from his experiences of despair, drug addiction and accomplishment, Charles will show you how the Higher Perspective can help you go beyond a life of short-sightedness, judgment and a self-centered viewpoint - called perception disorder - wherein you see yourself as the center of the universe, evaluating everything in terms of its being good or bad for you.

“One does not have to be an out-of-control substance abuser to benefit from a correction to one's perception disorder,” says Charles. “We are all part of something much bigger than ourselves, and *Higher* builds during my drug recovery as I begin to understand what a Higher Perspective, a Higher Power and a Higher Purpose really are, and why they hold the keys to living in the now and becoming fulfilled and happy.”

An easy to read, yet impactful blend of spirituality, common sense and science to show how we can achieve and sustain a state of joy and growth, *Higher*:

- Examines the concept of a Higher Power from any spiritual orientation
- Provides a framework upon which you can build your own sense of self and purpose, live in the moment and enjoy the wonder of life
- Explores ways in which we can identify and pursue our Higher Purpose in light of our changed perception and understanding of the meaning of life
- Presents a template and tools for how to sustain a state of joy and growth

“No one has perfect perception,” adds Charles, “and even a minor distortion compromises our ability to lead the best lives possible. *Higher* explores why only a small fraction of people are capable of a sustained wider perspective and how you can become one of them through simple changes to your daily routine.”

Charles’ engaging voice, fascinating realizations, and depth of understanding makes *Higher* a valuable book for anyone who wants to find greater meaning, beauty, and success in their lives.

Charles G. Hanna is the Chairman, CEO, and founder of a third-party technology provider that he began in a basement in 1979 and built into a leading service consolidation company with offices across Canada. A devoted father of three children, Hanna is involved with a range of charities, including organizations that help with cancer treatment, Canadian artists, and displaced and handicapped people. He has a particular soft spot for children and animals, and contributes his personal time in various ways to youth shelter homes and animal shelter groups. He divides his time between Toronto and Los Angeles.

Connect with Charles on www.charleshannahigher.com.

***Higher: Awaken to a More Fulfilling Life* will be released March 2016 in Canada and May 2016 in the United States, and can be pre-ordered from Amazon Canada, Amazon USA and most major booksellers.**

ADVANCED REVIEW COPIES AVAILABLE UPON REQUEST

###