



Charles G. Hanna - Author Bio

Charles Hanna was born in Egypt, the second child in a prosperous family.

Shortly after his birth, his elder sister died. His grief-stricken parents hired a nanny to look after the infant Charles, but he grew 'too attached'. She was let go.

It was a couple of years before another daughter, Denise, was born. A year after Denise, Charles' youngest sister, Mimi, was born. Charles and Mimi quickly became extremely close.

But tragedy struck the family again when Mimi died at the age of three. Charles was heartbroken to lose the sister he considered a soulmate, and as his family grieved, he was once again isolated. He spent the rest of his early life teaching himself not to depend on other people.

Although his Christian parents were deeply religious, as Charles grew older he rejected their faith and even their culture.

When Charles was 15 the family emigrated to Canada where Charles avidly pursued an extensive education. He became consumed with his goals and his vision of mounting the ladder of success.

But the sense of abandonment he'd experienced in early childhood remained unresolved. And even as he succeeded in university, married, founded businesses that made him a millionaire by the age of 29, and rejoiced in the birth of his first daughter, he was still troubled by feelings of isolation and the belief that he could not truly trust anyone.

He began experimenting with drugs to relieve his inner discomfort.

When he experienced betrayals in both his business and his personal life, the emotional impact drove him deeper into drugs until he could not control his cocaine use. The addiction drove him closer and closer to dying.

And then at the doors of death a miracle happened. A fleeting trick of perception allowed him to see what he had become. In that moment he realized that he could no longer trust his mind to make decisions that would allow his life to continue.

And thus, his recovery began.



While in treatment, Charles began to see life from the unique perspective he offers in his first book, *Higher: Awaken to a More Fulfilling Life*.

He came to realize that all humans, addict and non-addict alike, share a condition he calls Perception Disorder.

He became aware of the critical importance of self-love and the belief that there is something – call it God, Life Force, Creation – that is bigger than us.

And he discovered that as we learn to work with this higher power, we can alleviate our Perception Disorder and develop deep gratitude, purpose, fulfillment and happiness in our lives.

Charles gradually rebuilt his health, wealth and business and is now semi-retired. In reflecting deeply on his life experiences while writing *Higher*, the author has become a passionate advocate for a daily system that helps anyone find gratitude and serenity in their lives, even if they currently feel hopeless, disconnected or unfulfilled.