

## How do we find a higher perspective?

It is impossible for me to understand the way the universe works, but I am beginning to see that it all works perfectly and exactly the way it is supposed to. Even its apparent randomness and what we might consider its many faults have meaning and purpose. The only way we can see the true beauty of our existence is by stepping back and looking at the world from afar.

Our Higher Perspective is our ability to see our lives and our selves in the context of the entire universe. By so doing, we realize that almost everything that happens to us and around us is part of a larger order and has little to do with us. This helps us to live in harmony with the universe. We develop a less self-centered point of view and stop feeling responsible for everything that affects us or consumed by trying to control it.

We need other people to help us see our issues continuously from a Higher Perspective and decide on the next right thing to do. A small group of trusted like-minded individuals who understand us will benefit us immeasurably with the valuable perspective that they can add by their collective conscience.

We may be wondering about a career opportunity or a relationship issue, or we may be struggling with depression, and sometimes we need help to differentiate

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